

COY KENNETH LIMBRICK, SR



Coy K. Limbrick, Sr. was born, January 29, 1935 to Emerson and Amelia Limbrick in Beaumont, TX. Coy completed his high school education at Charlton-Pollard High School and from there he completed his Bachelor's and Master's Degree at Texas Southern University. His professional career spanned some forty years in Houston Independent School District as a teacher and coach.

PROFESSIONAL EXPERIENCE

- 1964 - **Crispus Attucks Jr. High** – Assistant Football Coach
Head Swimming Coach
7th, 8th & 9th grade - City Championship Swimming Team.
- 1966 - **Kashmere High School**– Head Track Coach
1968 - Assistant Football Coach. 9th grade District Champion
1969 - 8th & 9th grade District and City Track & Field Champion
- 1969-1970 – **Albert Thomas Jr. High School** - 8th grade Football
Coach – District Champion
1971 - Head Basketball Coach

1971 - 1974 Head Track Coach
1972 - 9th grade District Champion
1972 - Head Football Coach
1973 - 9th grade Football City Champion
1974 - 7th, 8th, and 9th grade Track and Field City Champion

- 1974 - 1996– **Furr Senior High School**
1974 - 1977 Assistant Basketball Coach
1974 - 1996 Assistant Football Coach
1975 - 1996 - Head Track Coach

TRACK HIGHLIGHTS

1975 – State Qualifier – Dennis Sanders 100 yds and 220 yds dash. Placed – 4th
1985 – Nugent Cotton - District & Regional Champion – Long Jump/State 4th Place
1986 – Nugent Cotton – District & Regional Champion – Long Jump/State 4th Place
1987 – Nugent Cotton – District Champion - National Record – Long Jump -26’ 4.5”
Nugent Cotton - Regional and State Champion
1989 – Lonnie Washington – District and Regional Champion – Long Jump -6th Place
1992 – Kevin Lee – District Champion and State Qualifier – Triple Jump – 5th Place
1993 – Charles Tyler – District Champion and Regional Qualifier – Triple Jump
1994 – Charles Tyler – District Champion and State Qualifier – Triple Jump – 5th Place

ACCOMPLISHMENTS

Long Jump - 12 District Champions
Triple Jump - 4 District Champions
120 Meter - High Hurdles – 10 District Champions
4 x 100 Meter Relay – 8 District Champions

In every event in track and field over a period of twenty one years, other than the Pole Vault, we as a coaching staff produced district champions.

After retirement, Coy is working faithfully in the Christian Ministry. He is an Ordained Deacon at Outreach Missionary Baptist Church. He is a Sunday School Facilitator and a Volunteer Worker with the Before and After School Ministry at the church. His greatest joy is having leisure time to spend with his lovely wife.