

Anid de la Garza



GRADUATED:

Mission High School, Mission, Texas – 1966

Sam Houston State University – 1970

Previous Employment:

Started coaching Track and Basketball when CLHS opened in 1972.

Coached freshmen through Varsity in girls Basketball from 1972-1976.

Head Coach Girls Track and Field – 1972-2001.

Head Coach Girls Cross Country – 1977-2001.

Received Texas Girls Coaching Association Coach of the Year in track in 1994.

Received Cross Country Career points award from Texas Girls Coaches Association, 760 points in 2001.

Record in Track and Field:

District Varsity Champions – 5 times

Varsity Runner-up – 7 times

Varsity Bronze – 8 times

Regional Appearances – 28 times

State Appearances – 13 times, from this group we had 3 individual State Champions, 2

Runner-up and 1 Bronze medalist. Had the 3rd fastest runner in the nation in the 3200 meters.

Junior Varsity Program started in 1978:

District Championships – 9 times

Runner-up – 2 times

Bronze – 6 times

24 Year Record in Cross Country:

Varsity District Championships – 21 times

Regional Appearances – 23 times

Regional Championships – 8 times

State Appearances – 20 times, held 1st or 2nd place from 1982-1988.

State Championships – 5 times, had 1st and 3rd medalists in 1988.

State Runner-up – 3 times

State Bronze – 2 times

Record in Junior Varsity:

District Championships – 20 times

District Runner-up – 4 times