

University Interscholastic League
P.O. Box 8028
Austin, Texas 78713-8028
(512) 471-5883
www.uiltexas.org

FACT

THE 2013-14 SEASON, ACCORDING TO THE NFHS ATHLETICS PARTICIPATION SURVEY.

- Track and field is the second-most popular sport for boys with 580,321 participants in 16,271 schools.
- No. 1 sport for girls with 478,885 participants in 16,217 schools.
- Cross country is the seventh-most popular sport for boys with 252,547 participants in 14,473 schools.
- Sixth-most popular sport for girls with 218,121 participants in 14,267 schools.





Resources

- UIL Constitution and Contest Rules
- Sport Coaches Manual
- TEA/UIL Side by Side (state laws/regulations)
- Sports Rule Books:

National Federation of State High School Associations (NFHS) Track & Field Rules



UIL RULE CHANGES



GENERAL

- Increase the number of teams advancing to the playoffs from each team sport district to four (4) for co
- Change to preseason practice requirements – water and rest breaks now count.
- Addition of Pilot Spirit Program

FOOTBALL

- Create a pilot program providing home field advantage to the higher seed in the first round of the 2015 6A football playoffs

VOLLEYBALL

- Create a separate championship for Conference 1A volleyball

BASKETBALL

- Allow three (3) games per day in a one (1) day tournament scheduled on Saturday

SOCCER

- Allow three (3) games per day in a one (1) day tournament scheduled on Saturday

TEAM TENNIS

- Allowance for elimination of the championship and third place matches at the Area Meet, by mutual agreement
- Change scoring format in both singles and doubles (including mixed doubles) to a ten (10) point match tie breaker in lieu of a third set, when the first two sets are split

SWIMMING AND DIVING

- Addition of a fee scale for Swimming and Diving Officials to section 1204 **Unless noted otherwise, effective August 1, 2015.**





STATE ASSOCIATION ADOPTIONS

TEXAS - Entry Limit Regulations for High School and Junior High

UIL Member schools must comply with established regulations for entry limits to NFHS 4-2-1:

- An individual may enter no more than three (3) running events, including the relays, and not over five (5) events total.
- A contestant is permitted to enter up to five (5) field events.
- LAST YEAR - No contestant shall be allowed to enter more than two (2) of the following individual events: 400-meter dash; 800-meter run; 1600-meter run; 2400-meter run; 3200-meter run. (This does not bar a 400, 800, 1600, 2400 or 3200-meter contestant from relays.)_This refers to all events one (1) lap or greater.
- Championship meet (district, area, region, state) scoring shall be awarded 1st-6th place and points will be given 10-8-6-4-2-1.
- Relays will be scored 20-16-12-8-4-2.



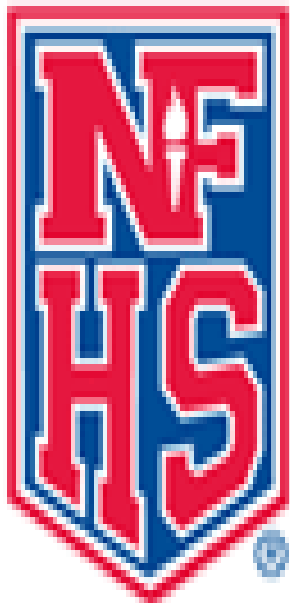
Discussions – Legislative council

- Entry limitations for events in track –dropped restrictions on 400m and up
- Adding javelin on hold
- Multi-event coordination between officials and athletes
- Meet referees
- Video utilization
- Uniform
- New ad hoc committee to consider additional events to state meet



NFHS RULE CHANGES

National Federation of State
High School Associations



- Electronic device usage
- Pole Vault – box collars
- Uniform
- Jewelry
- iBooks

www.nfhs.org



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2016 NFHS RULE REVISIONS

- Rule 3-10-7. The rule now states that “the head event judge may be equipped with both a white and red flag”
- In cross country, Rule 9-3-3 was revised to recommend the use of a video or photograph to verify the order of finish in races
- Rule 9-1-3, which now allows the use of double painted boundary lines and/or natural or artificial boundary markers
- Rule 7-6-3 was altered to recommend that the takeoff board for long jump and triple jump be eight inches wide, but still allow for larger boards.



FAQ's

1. Exceptions – two meets that may start at noon
2. One meet per school week/no calendar week limit
3. District meet count on season limit? NO
4. Relay members- who qualifies to next level
5. 5 day entry requirement
6. Additional meet during Texas Relays week
7. Private coaching at UIL contest



LIMITS ON PRACTICE AND PERFORMANCE

- Eight Hour Rule
- Season start date
- Indoor meets count as a meet – YES or NO





LOCAL DEC

District – Area Meets

APRIL 16, 2016

- Games committee, jury of appeals and referee
- Clerk, finish judges, and inspectors
- Entry forms/electronic entry /5 day deadline
- Protests and appeals
- Timing system/Report for advancers
- **AWARDS**



~ AREA MEET DEADLINE ~

April 23, 2016

Area sites are to be facilitated by mutual agreement between the two designated districts.

- With approval of the majority of schools in that area (corresponding districts), the area meet can be cancelled.

*** In this scenario, each district would hold their district meet and advance the top **two** finishers in each event to the Regional Meet.

- With approval of the majority of schools in that area (corresponding districts), district meets can be skipped and the corresponding districts could elect to go straight to the Area Meet (with no district meet).

*** In this scenario, the top **four** finishers go to the Regional Meet.



2016 REGIONAL AND STATE MEETS

REGIONAL

- Regional meet: 2 day meet- prelims and finals; field event schedules
- Sites posted – check schedules; vary for each site and conference
- ENTRY PROCEDURES DIFFER SLIGHTLY
- ACADEMIC ELIGIBILITY

STATE

- 3 DAY MEET
- MAY 12, 13 & 14
- ROTATION SCHEDULE POSTED SOON
- FIELD EVENT OVERLAPS



QUESTIONS?



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